

Place	Bib	Wave	Name	Surname	Sex	AG	Club	Swim	Rank	T1	Cycle	Rank	T2	Run	Rank	Total
177	26	1	Robert	Lynch	Male	25-29		0:22:20	(220)	0:02:49	0:46:48	(187)	0:00:48	0:22:40	(73)	1:35:25
178	244	2	Sharon	Hutchinsor	Female	40-44		0:18:24	(145)	0:01:13	0:44:41	(154)	0:01:12	0:30:10	(223)	1:35:39
179	210	1	Brian	Sammon	Male	30-34		0:18:10	(132)	0:03:00	0:45:23	(167)	0:00:57	0:28:19	(206)	1:35:48
180	220	2	mary	o brien	Female	35-39		0:22:56	(227)	0:02:26	0:44:42	(155)	0:02:13	0:23:46	(96)	1:36:03
181	209	2	Marie	O Keeffe	Female	35-39	cork tri clu	0:21:33	(211)	0:02:28	0:44:24	(146)	0:01:16	0:26:42	(169)	1:36:24
182	250	2	Jackie	Ruttledge	Female	45-49	Tralee Tri C	0:20:16	(190)	0:01:37	0:46:31	(184)	0:01:12	0:26:48	(171)	1:36:25
183	201	2	sheila	roche	Female	35-39	none	0:17:41	(115)	0:01:38	0:47:29	(192)	0:01:03	0:28:54	(211)	1:36:45
184	135	2	Abigail	Walsh	Female	30-34		0:19:13	(169)	0:02:17	0:46:25	(181)	0:02:01	0:26:57	(177)	1:36:52
185	241	2	Gillian	Keating	Female	40-44		0:19:03	(164)	0:02:36	0:45:35	(172)	0:01:38	0:28:31	(208)	1:37:23
186	34	2	Roselyn	Carroll	Female	25-29		0:18:57	(162)	0:02:04	0:46:19	(179)	0:01:29	0:28:47	(210)	1:37:36
187	214	1	Mark	Barrett	Male	35-39		0:22:07	(216)	0:01:53	0:45:53	(177)	0:00:40	0:27:07	(180)	1:37:39
188	183	1	Jim	O Connell	Male	35-39		0:19:42	(181)	0:02:06	0:44:12	(141)	0:01:38	0:30:28	(226)	1:38:07
189	105	1	Gerald	O' Hallorar	Male	30-34		0:26:28	(235)	0:01:01	0:41:44	(103)	0:01:05	0:28:13	(203)	1:38:31
190	113	2	Veronica	Kenneally	Female	35-39		0:16:16	(67)	0:02:55	0:47:58	(196)	0:01:46	0:29:48	(220)	1:38:43
191	218	2	John	Kelly	Male	40-44	CTC	0:21:11	(207)	0:02:45	0:44:27	(148)	0:02:54	0:27:34	(193)	1:38:51
192	170	1	James	O' Driscoll	Male	35-39		0:20:25	(196)	0:04:18	0:46:26	(182)	0:01:09	0:26:34	(166)	1:38:52
193	30	2	Brid	Norris	Female	25-29		0:20:20	(192)	0:01:26	0:48:49	(202)	0:01:42	0:27:42	(194)	1:39:59
194	6	1	FRANK	NYHAN	Male	20-24		0:21:47	(213)	0:06:14	0:48:23	(200)	0:00:54	0:22:44	(75)	1:40:02
195	297	2	Kevin	FitzPatrick	Male	45-49		0:19:25	(176)	0:04:02	0:46:51	(188)	0:02:07	0:27:53	(198)	1:40:18
196	27	2	Orla	Coote	Female	25-29		0:20:51	(202)	0:02:34	0:50:17	(212)	0:00:49	0:25:53	(149)	1:40:24
197	233	2	Ronan	Cusack	Male	40-44	Wicklow Tr	0:18:25	(146)	0:01:50	0:49:55	(211)	0:01:26	0:29:00	(212)	1:40:36
198	158	1	gary	doherty	Male	35-39		0:18:50	(160)	0:05:18	0:51:19	(216)	0:00:56	0:24:16	(107)	1:40:38
199	182	1	victor	quinlan	Male	35-39		0:27:01	(237)	0:03:20	0:45:36	(173)	0:01:12	0:23:33	(94)	1:40:41
200	267	1	Kelly	john	Male	35-39	Piranha Tri	0:18:11	(133)	0:02:16	0:46:23	(180)	0:01:29	0:32:48	(233)	1:41:07
201	138	1	Robert	O' Sullivan	Male	30-34		0:24:12	(231)	0:02:25	0:45:39	(174)	0:01:26	0:27:28	(190)	1:41:10
202	109	2	Oonagh	Horgan	Female	30-34		0:20:23	(195)	0:01:43	0:50:27	(213)	0:01:18	0:28:02	(202)	1:41:53
203	83	2	jean	roberts	Female	30-34	none	0:18:42	(153)	0:03:19	0:48:18	(198)	0:01:33	0:30:06	(222)	1:41:58
204	104	2	Sara	Carpendale	Female	30-34	n/a	0:19:26	(177)	0:02:16	0:51:49	(218)	0:01:15	0:27:14	(185)	1:41:58
205	282	2	helena	kiely	Female	40-44		0:18:17	(136)	0:02:39	0:52:30	(219)	0:01:18	0:28:13	(204)	1:42:58
206	22	1	John	Ronayne	Male	25-29		0:22:02	(215)	0:03:28	0:49:49	(209)	0:01:08	0:26:51	(173)	1:43:17
207	45	2	Sorcha	Moylan	Female	25-29		0:16:32	(74)	0:03:17	0:53:31	(224)	0:01:23	0:28:42	(209)	1:43:24
208	129	2	alex	goggin	Female	30-34	ally g's fitn	0:19:12	(168)	0:01:30	0:54:00	(227)	0:01:39	0:27:09	(182)	1:43:30
209	115	2	Elise	Alexander	Female	30-34		0:22:11	(217)	0:02:24	0:49:06	(204)	0:01:30	0:29:19	(215)	1:44:30
210	101	2	Maeve	Carney	Female	30-34	n/a	0:22:41	(225)	0:04:17	0:49:07	(205)	0:00:59	0:27:29	(192)	1:44:33
211	94	1	Cormac	LOUGHREY	Male	30-34		0:21:54	(214)	0:03:06	0:48:21	(199)	0:01:02	0:30:15	(224)	1:44:38
212	120	2	Eimear	Cradock	Female	30-34	Cork Tri Clt	0:23:09	(229)	0:02:50	0:46:35	(185)	0:01:22	0:30:55	(229)	1:44:52
213	285	2	Donal	Cronin	Male	45-49	Valentia	0:22:21	(221)	0:02:42	0:49:01	(203)	0:01:35	0:29:26	(216)	1:45:05
214	278	2	Colin	Mc Ilrath	Male	40-44	Craughwel	0:21:27	(209)	0:03:15	0:51:12	(215)	0:01:13	0:28:00	(201)	1:45:06
215	299	2	matty	angland	Male	50-54		0:29:50	(244)	0:02:25	0:47:37	(193)	0:01:26	0:25:19	(133)	1:46:37
216	271	2	Brian	O' Brien	Male	40-44		0:24:03	(230)	0:04:37	0:53:01	(221)	0:01:01	0:24:06	(102)	1:46:47
217	258	2	Ciara	Condon	Female	40-44	Kinsale	0:22:23	(222)	0:02:00	0:49:37	(207)	0:01:14	0:31:45	(230)	1:46:58
218	296	2	eddie	nicholson	Male	50-54		0:16:42	(82)	0:01:47	1:01:30	(238)	0:01:22	0:25:40	(139)	1:47:01
219	67	2	Nora Aine	Ni Nuallain	Female	30-34		0:25:37	(234)	0:01:56	0:48:15	(197)	0:01:29	0:29:48	(221)	1:47:06
220	287	2	Kieran	OSullivan	Male	45-49	Cork Triath	0:22:52	(226)	0:01:32	0:47:14	(191)	0:01:15	0:34:18	(238)	1:47:11
221	10	1	john	o leary	Male	20-24		0:25:07	(233)	0:06:18	0:49:40	(208)	0:00:55	0:25:46	(144)	1:47:46
222	93	2	Claire	Mc Carthy	Female	30-34	Cork Tri Clt	0:22:31	(223)	0:02:17	0:55:00	(229)	0:00:56	0:28:00	(200)	1:48:43
223	132	2	Hilary	Mc Keown	Female	30-34	Pulse	0:19:45	(182)							1:48:57
224	203	2	Carol	O Callagha	Female	35-39	Kinsale	0:27:17	(238)	0:02:21	0:50:52	(214)	0:01:09	0:27:28	(191)	1:49:08
225	12	2	Karen	Mc Carthy	Female	20-24		0:17:42	(116)	0:03:42	0:58:40	(236)	0:00:41	0:28:27	(207)	1:49:12
226	4	1	Stephen	Wallace	Male	Junior		0:20:52	(203)	0:06:19	0:53:02	(222)	0:01:11	0:29:13	(214)	1:50:37
227	96	1	kate	Hennessy	Male	30-34	Cork tri clu	0:28:40	(239)	0:01:28	0:51:39	(217)	0:01:43	0:27:08	(181)	1:50:38
228	126	1	brian	donovan	Male	30-34		0:18:40	(151)	0:02:49	0:53:56	(226)	0:01:48	0:34:02	(237)	1:51:15
229	99	2	Jill	Forde	Female	30-34		0:20:47	(201)	0:02:26	0:53:28	(223)	0:01:54	0:32:45	(232)	1:51:20
230	46	1	William	Murphy	Male	25-29		0:21:09	(205)	0:04:08	0:57:11	(233)	0:01:55	0:27:19	(188)	1:51:42
231	217	2	Yvonne	Brophy	Female	35-39		0:22:17	(218)	0:02:58	0:52:42	(220)	0:01:59	0:32:15	(231)	1:52:11
232	76	2	Caroline	Holland	Female	30-34		0:19:17	(170)	0:02:35	0:56:20	(232)	0:01:05	0:33:17	(234)	1:52:34
233	208	1	Oghor	lkpasa	Male	35-39		0:22:18	(219)	0:02:33	0:54:52	(228)	0:00:52	0:33:40	(236)	1:54:17
234	164	1	desmond	crowley	Male	35-39		0:29:40	(243)	0:02:45	0:55:04	(230)	0:00:42	0:27:04	(178)	1:55:16
235	57	1	John	Baggott	Male	30-34		0:19:11	(167)	0:03:50	0:58:35	(234)	0:05:03	0:29:38	(217)	1:56:17
236	38	2	heather	O' Brien	Female	25-29		0:26:59	(236)	0:02:38	0:55:46	(231)	0:01:13	0:29:45	(219)	1:56:20
237	40	2	Lorna	Daunt	Female	25-29	None	0:29:21	(241)	0:02:02	0:53:31	(225)	0:00:58	0:30:42	(228)	1:56:34
238	130	2	Aileen	O Regan	Female	30-34		0:23:03	(228)	0:03:43	0:58:35	(235)	0:01:02	0:33:31	(235)	1:59:54
239	58	2	Amy	Clifford	Female	30-34	Cork	0:24:33	(232)	0:02:35	1:03:06	(239)	0:01:10	0:37:00	(240)	2:08:24
240	192	1	Ciaran	O' Sullivan	Male	35-39		0:28:58	(240)	0:02:24	1:10:49	(240)	0:00:43	0:25:42	(140)	2:08:36
241	162	2	mary	hinch	Female	35-39	Pulse	0:29:34	(242)	0:02:25	0:59:02	(237)	0:01:11	0:36:28	(239)	2:08:40
	147	2	Elizabeth	Burke	Female	35-39	T3	0:15:46	(57)							DNF
	16	1	Cian	Murphy	Male	25-29	Limerick Tr	0:15:03	(30)	0:00:52						DNF
	148	2	Selene	Kinahan	Female	35-39	CTC	0:17:16	(97)							DNF