

Place	Bib	Wave	Name	Surname	Sex	AG	Club	Swim	Rank	T1	Cycle	Rank	T2	Run	Rank	Total
1	240		Trevor	Woods	Male	40-44	Cork Tri	0:11:38	(4)	0:00:37	0:32:18	(1)	0:00:39	0:18:15	(3)	1:03:27
2	53		Eric	Wolfe	Male	30-34	Cork Tri Clt	0:12:25	(6)	0:00:32	0:33:12	(2)	0:00:40	0:17:54	(2)	1:04:43
3	223		Philip	King	Male	35-39		0:11:12	(2)	0:00:47	0:33:49	(3)	0:00:41	0:19:08	(10)	1:05:37
4	19		Ross	Higgins	Male	25-29	Limerick Tr	0:11:11	(1)	0:00:36	0:36:58	(18)	0:00:42	0:18:46	(7)	1:08:12
5	226		Adrian	Quinn	Male	35-39	Cork Tri Clt	0:13:13	(16)	0:00:48	0:35:43	(8)	0:00:52	0:20:06	(22)	1:10:42
6	35		Kevin	Curran	Male	25-29		0:13:11	(13)	0:00:46	0:36:27	(14)	0:00:46	0:19:42	(16)	1:10:52
7	178		aidan	ogorman	Male	35-39		0:14:20	(25)	0:01:09	0:35:24	(5)	0:00:56	0:19:06	(9)	1:10:55
8	283		Mike	O Grady	Male	45-49	blackwater	0:15:45	(56)	0:00:50	0:35:13	(4)	0:00:59	0:18:33	(5)	1:11:20
9	43		Deirdre	Casey	Female	25-29		0:12:48	(9)	0:00:40	0:36:14	(11)	0:00:42	0:21:11	(36)	1:11:35
10	2		Shaun	Hennessy	Male	Junior	Cork Tri Clt	0:11:37	(3)	0:00:40	0:40:37	(86)	0:00:46	0:18:24	(4)	1:12:04
11	114		Neil	Murphy	Male	30-34		0:15:19	(38)	0:01:02	0:35:45	(9)	0:00:48	0:19:44	(17)	1:12:37
12	20		John	O' Connell	Male	25-29	Cork	0:15:12	(34)	0:00:56	0:35:40	(7)	0:00:58	0:20:01	(21)	1:12:48
13	325		Lucy/Campbell/Lynch	Relay	Relay			0:13:24	(19)	0:00:37	0:39:27	(61)	0:00:44	0:18:39	(6)	1:12:51
14	235		Connie	Wiseman	Male	40-44		0:16:34	(76)	0:00:44	0:35:33	(6)	0:00:52	0:19:55	(18)	1:13:38
15	118		Elizabeth	Lee	Female	30-34	CTC	0:13:13	(15)	0:00:47	0:40:06	(73)	0:00:43	0:19:24	(11)	1:14:12
16	156		Brian	Murphy	Male	35-39	Cork Tri	0:15:31	(46)	0:00:38	0:37:11	(24)	0:00:41	0:20:29	(25)	1:14:31
17	202		Ivan	Cummins	Male	35-39	Cork Tri	0:15:59	(62)	0:00:59	0:36:50	(16)	0:00:46	0:20:37	(26)	1:15:11
18	219		Sham	Riordan	Male	35-39	Pine Lodge	0:12:59	(11)	0:00:50	0:39:46	(66)	0:00:51	0:20:58	(33)	1:15:24
19	61		turlough	blissing	Male	30-34		0:15:29	(42)	0:00:49	0:37:46	(32)	0:00:51	0:20:50	(29)	1:15:44
20	86		Anthony	Maguire	Male	30-34		0:17:54	(122)	0:00:58	0:36:18	(12)	0:00:48	0:19:58	(20)	1:15:56
21	82		oli	O' Driscoll	Male	30-34	schull tri cl	0:16:31	(73)	0:00:46	0:36:24	(13)	0:00:47	0:21:42	(48)	1:16:10
22	11		Jonathan	Finn	Male	20-24	Midleton C	0:16:25	(71)	0:00:53	0:36:49	(15)	0:00:48	0:21:33	(45)	1:16:29
23	60		Stephen	Lynch	Male	30-34	Cork Tri Clt	0:17:13	(96)	0:01:30	0:37:17	(28)	0:00:50	0:19:41	(15)	1:16:31
24	145		DAVID	CALLAGHA	Male	30-34		0:13:53	(20)	0:00:48	0:40:13	(76)	0:00:54	0:20:46	(27)	1:16:33
25	207		Nick	Gallagher	Male	35-39	T3	0:15:21	(39)	0:00:50	0:38:34	(43)	0:00:45	0:21:14	(40)	1:16:44
26	152		Brian	Kavanagh	Male	35-39	Cork	0:15:27	(41)	0:01:22	0:37:14	(26)	0:01:28	0:21:21	(42)	1:16:52
27	54		Mark	Healy	Male	30-34	Piranha Tri	0:12:33	(7)	0:01:32	0:39:44	(65)	0:01:06	0:22:02	(57)	1:16:57
28	128		Peter	Blissett	Male	30-34	Cork Tri Clt	0:16:07	(64)	0:00:56	0:38:34	(44)	0:00:46	0:21:04	(34)	1:17:27
29	106		Colm	Nagle	Male	30-34	Tralee Tri C	0:14:14	(22)	0:00:59	0:37:51	(33)	0:00:58	0:23:29	(93)	1:17:31
30	110		Paul	Griffin	Male	30-34	T3 Triathlo	0:15:22	(40)	0:01:32	0:37:15	(27)	0:01:08	0:22:25	(66)	1:17:42
31	108		Damien	Malone	Male	30-34	Schull Tri C	0:15:45	(54)	0:01:00	0:38:24	(38)	0:00:52	0:21:49	(51)	1:17:50
32	137		John	Whiriskey	Male	30-34		0:19:23	(173)	0:01:22	0:37:06	(22)	0:01:09	0:18:57	(8)	1:17:57
33	68		Karina	Teahan	Female	30-34		0:15:49	(59)	0:01:31	0:40:24	(80)	0:00:54	0:19:27	(12)	1:18:06
34	127		John	Keane	Male	30-34		0:13:12	(14)	0:01:44	0:40:33	(85)	0:00:59	0:21:38	(47)	1:18:07
35	7		Eamonn	Boland	Male	20-24		0:15:05	(31)	0:01:24	0:39:12	(55)	0:01:00	0:21:34	(46)	1:18:14
36	225		steven	Mc Carthy	Male	35-39		0:15:17	(37)	0:01:32	0:39:38	(63)	0:00:54	0:20:54	(31)	1:18:15
37	125		David	O' Leary	Male	30-34		0:15:43	(52)	0:01:30	0:39:00	(50)	0:01:10	0:20:54	(32)	1:18:17
38	90		Gareth	Pope	Male	30-34	Fingal Tri	0:17:24	(105)	0:01:48	0:37:55	(34)	0:00:56	0:20:24	(24)	1:18:27
39	324		Trevor	Niblock	Male	30-34		0:12:19	(5)	0:00:54	0:44:29	(149)	0:00:53	0:19:57	(19)	1:18:32
40	85		Jamie	Fitzmaurici	Male	30-34	Pirahna	0:19:24	(175)	0:01:43	0:37:09	(23)	0:00:47	0:19:32	(13)	1:18:36
41	117		Dean	Wilson	Male	35-39	cork tri clu	0:14:19	(24)	0:01:29	0:39:01	(51)	0:01:02	0:22:49	(79)	1:18:40
42	15		Eoin	Burns	Male	25-29		0:15:29	(44)	0:02:05	0:38:27	(40)	0:00:58	0:21:49	(52)	1:18:48
43	32		Iorna	wolfe	Female	25-29	Piranha	0:13:23	(18)	0:00:49	0:41:20	(96)	0:00:58	0:22:25	(67)	1:18:56
44	167		Owen	Mullowney	Male	35-39	Navy Tri Cl	0:15:35	(50)	0:00:50	0:36:53	(17)	0:00:59	0:24:41	(116)	1:18:58
45	103		Brian	Kelleher	Male	30-34		0:15:58	(61)	0:00:53	0:40:07	(74)	0:00:50	0:21:20	(41)	1:19:07
46	149		Michael	Harte	Male	35-39		0:16:12	(66)	0:01:11	0:39:19	(57)	0:00:59	0:21:31	(44)	1:19:11
47	187		David	Goddard	Male	35-39		0:16:35	(77)	0:01:08	0:38:13	(36)	0:01:22	0:22:04	(60)	1:19:22
48	154		kerry	oconnell	Male	35-39		0:14:34	(27)	0:01:46	0:39:19	(58)	0:01:00	0:22:46	(77)	1:19:25
49	28		Aengus	Grant	Male	25-29		0:16:08	(65)	0:00:43	0:38:28	(41)	0:00:56	0:23:13	(88)	1:19:28
50	143		James	Murphy	Male	30-34		0:16:36	(78)	0:01:57	0:38:44	(46)	0:00:59	0:21:14	(39)	1:19:29
51	151		Niall	O' Leary	Male	35-39	unaffiliated	0:15:30	(45)	0:02:07	0:38:25	(39)	0:01:05	0:22:30	(69)	1:19:36
52	266		Ronan	Power	Male	40-44	astro.ie	0:16:23	(70)	0:02:06	0:40:05	(72)	0:00:57	0:20:10	(23)	1:19:42
53	131		Fergal	Sargent	Male	30-34		0:19:55	(184)	0:01:13	0:37:13	(25)	0:01:00	0:20:47	(28)	1:20:09
54	13		Katie	Fitzgerald	Female	20-24		0:14:48	(29)	0:00:44	0:41:40	(102)	0:00:54	0:22:03	(59)	1:20:09
55	1		David	Fox	Male	Youth		0:13:03	(12)	0:00:49	0:44:37	(152)	0:00:50	0:21:13	(38)	1:20:32
56	222		Jon	Hynes	Male	35-39	MBCC	0:17:25	(106)	0:01:13	0:37:05	(21)	0:01:00	0:23:58	(99)	1:20:41
57	92		Pio	Boyle	Male	30-34	Tralee	0:18:12	(134)	0:01:21	0:37:04	(20)	0:01:13	0:22:57	(84)	1:20:48
58	321		Kevin	O Leary	Male	55-59		0:18:41	(152)	0:01:59	0:37:18	(29)	0:01:43	0:21:12	(37)	1:20:52
59	326		Harris/O'Donovan/Pre	Relay	Relay			0:16:45	(86)	0:00:49	0:40:49	(88)	0:00:48	0:21:48	(50)	1:20:58
60	165		Alan	Bateman	Male	35-39		0:18:47	(156)	0:01:30	0:39:09	(53)	0:00:53	0:20:50	(30)	1:21:08
61	260		dave	O' Leary	Male	40-44	cork tri	0:15:17	(36)	0:01:26	0:41:50	(104)	0:01:10	0:21:48	(49)	1:21:30
62	243		Barry	Guiney	Male	40-44		0:16:42	(83)	0:01:03	0:40:33	(84)	0:00:59	0:22:13	(63)	1:21:30
63	74		Paul	Kelleher	Male	30-34		0:14:26	(26)	0:01:28	0:40:03	(71)	0:01:26	0:24:07	(103)	1:21:30
64	261		Jeff	Castles	Male	40-44	Cork Tri	0:13:22	(17)	0:00:59	0:39:22	(59)	0:00:44	0:27:15	(186)	1:21:42
65	284		Daiithi	Reilly	Male	45-49	Cork Tri	0:17:30	(109)	0:01:30	0:39:56	(69)	0:01:20	0:21:28	(43)	1:21:45
66	231		Chris	Darling	Male	25-29		0:16:39	(79)	0:01:50	0:39:16	(56)	0:01:34	0:22:32	(70)	1:21:50
67	169		David	Gibbons	Male	35-39		0:18:35	(149)	0:01:28	0:39:39	(64)	0:01:04	0:21:09	(35)	1:21:55
68	175		Gearoid	Ferriter	Male	35-39		0:17:53	(120)	0:01:16	0:38:10	(35)	0:01:01	0:23:38	(95)	1:21:57
69	173		Niall	Ryan	Male	35-39		0:18:08	(128)	0:01:23	0:39:27	(60)	0:01:04	0:22:03	(58)	1:22:05
70	196		John	Barrett	Male	35-39		0:18:27	(148)	0:01:17	0:37:39	(31)	0:01:07	0:23:48	(97)	1:22:17
71	168		Barry	Mc Cormac	Male	35-39	Navy tri	0:19:57	(186)	0:01:03	0:36:05	(10)	0:01:07	0:24:14	(105)	1:22:26
72	95		Paul Pio	O' Callagha	Male	30-34	Pulse Tri Cl	0:16:46	(87)	0:00:55	0:44:23	(145)	0:00:56	0:19:32	(14)	1:22:31
73	215		Marc	Reilly	Male	35-39		0:18:15	(135)	0:01:13	0:39:48	(67)	0:01:33	0:22:01	(56)	1:22:50
74	264		John	O' Connell	Male	40-44	Cork Tri	0:18:22	(142)	0:01:12	0:40:31	(83)	0:00:51	0:21:58	(54)	1:22:54
75	230		Cathal	Finn	Male	35-39	none	0:15:33	(49)	0:01:29	0:38:51	(48)	0:01:15	0:25:54	(150)	1:23:02
76	112		Humphrey	Mc Carthy	Male	30-34		0:19:56	(185)	0:02:19	0:37:02	(19)	0:00:48	0:22:59	(86)	1:23:03
77	64		Paul	Roche	Male	30-34		0:15:16	(35)	0:02:08	0:38:35	(45)	0:01:13	0:25:56	(151)	1:23:08
78	21		Cian	Mc Carthy	Male	25-29		0:15:52	(60)	0:02:10	0:41:05	(92)	0:00:54	0:23:15	(89)	1:23:16
79	100		Brendan	O' Leary	Male	30-34	Average Jo	0:20:38	(198)	0:01:04	0:37:32	(30)	0:01:21	0:22:41	(74)	1:23:17
80	179		brian	O' Toole	Male	35-39	Cork Tri Clt	0:15:36	(51)	0:01:20	0:41:06	(93)	0:01:05	0:24:12	(104)	1:23:20
81	298		James	Brennan	Male	50-54	Cork Tri Clt	0:15:47</								

Place	Bib	Wave	Name	Surname	Sex	AG	Club	Swim	Rank	T1	Cycle	Rank	T2	Run	Rank	Total
89	256	2	Micheal	Lucey	Male	40-44	Cork Tri Cl	0:17:42	(117)	0:02:31	0:41:02	(91)	0:00:52	0:22:14	(64)	1:24:20
90	140	2	Eileen	Chawke	Female	25-29		0:18:42	(154)	0:01:12	0:39:09	(54)	0:01:04	0:24:17	(108)	1:24:24
91	275	2	Kevin	Higgins	Male	40-44	triathlon ir	0:16:21	(69)	0:01:30	0:40:29	(82)	0:01:14	0:24:53	(121)	1:24:27
92	237	2	Paul	Lyons	Male	40-44		0:17:32	(111)	0:01:40	0:40:26	(81)	0:01:05	0:24:05	(101)	1:24:49
93	88	1	John	Bowe	Male	30-34		0:14:08	(21)	0:02:40	0:41:38	(101)	0:00:58	0:25:34	(138)	1:24:58
94	236	2	Micheal	Cassidy	Male	40-44		0:17:20	(99)	0:02:11	0:42:15	(109)	0:00:49	0:22:26	(68)	1:24:59
95	73	1	Padraig	Courtney	Male	30-34		0:17:11	(95)	0:02:14	0:42:22	(111)	0:01:08	0:22:04	(61)	1:25:00
96	185	1	Conor	Pollock	Male	35-39		0:17:25	(107)	0:01:26	0:40:21	(78)	0:01:18	0:24:44	(119)	1:25:14
97	274	2	David	Burke	Male	40-44		0:17:19	(98)	0:01:38	0:39:51	(68)	0:01:06	0:25:24	(135)	1:25:18
98	78	1	David	O Connor	Male	30-34		0:17:00	(91)	0:01:14	0:41:17	(95)	0:01:31	0:24:20	(110)	1:25:21
99	171	1	tadhg	o leary	Male	35-39		0:18:23	(143)	0:01:48	0:38:15	(37)	0:01:03	0:25:58	(154)	1:25:26
100	62	2	Sharon	Finn	Female	30-34	3D	0:17:48	(119)	0:01:33	0:42:31	(117)	0:01:05	0:22:32	(71)	1:25:28
101	194	1	Eoin	Cashin	Male	35-39		0:15:45	(55)	0:01:24	0:43:35	(136)	0:01:59	0:22:53	(82)	1:25:37
102	8	1	Roy	Evans	Male	20-24		0:18:09	(130)	0:03:42	0:40:19	(77)	0:01:39	0:21:53	(53)	1:25:41
103	291	2	Rob	Ryan	Male	45-49		0:17:31	(110)	0:01:28	0:43:00	(124)	0:01:19	0:22:52	(80)	1:26:10
104	286	2	Denis	OConnell	Male	45-49	Cork Tri Cl	0:18:10	(131)	0:01:19	0:42:12	(107)	0:01:52	0:22:58	(85)	1:26:30
105	213	1	Enda	O'Regan	Male	35-39		0:18:25	(147)	0:01:41	0:43:25	(134)	0:00:35	0:22:24	(65)	1:26:31
106	91	2	Jane	OConnell	Female	30-34	Cork Tri Cl	0:16:29	(72)	0:01:23	0:43:05	(125)	0:01:08	0:24:36	(115)	1:26:41
107	166	1	sam	russell	Male	35-39		0:19:51	(183)	0:01:24	0:41:27	(99)	0:00:45	0:23:24	(91)	1:26:51
108	111	2	carol	forbes	Female	30-34		0:17:53	(121)	0:01:24	0:39:58	(70)	0:01:00	0:26:54	(176)	1:27:09
109	51	2	Cliodhna	Spain	Female	25-29		0:14:18	(23)	0:01:50	0:43:38	(137)	0:01:29	0:25:57	(152)	1:27:12
110	190	2	suzanne	O'Sullivan	Female	35-39	Tralee Triat	0:18:39	(150)	0:01:59	0:42:28	(116)	0:01:07	0:22:59	(87)	1:27:12
111	97	1	Ken	Shorten	Male	30-34		0:16:41	(81)	0:01:34	0:40:53	(89)	0:01:13	0:26:54	(175)	1:27:14
112	41	1	Cillian	Collins	Male	25-29		0:12:48	(8)	0:01:16	0:49:54	(210)	0:01:23	0:21:59	(55)	1:27:19
113	253	1	Paul	Connolly	Male	35-39		0:21:24	(208)	0:00:54	0:38:32	(42)	0:01:19	0:25:12	(128)	1:27:20
114	59	1	Owen	Hennessy	Male	30-34		0:16:54	(89)	0:01:25	0:43:13	(129)	0:01:04	0:24:54	(123)	1:27:30
115	263	2	Mary	O'Connor	Female	40-44	None	0:18:43	(155)	0:01:16	0:44:07	(140)	0:00:41	0:22:45	(76)	1:27:32
116	269	2	Bernard	Mc Elligott	Male	40-44	Triathlon Ir	0:21:10	(206)	0:01:10	0:42:10	(106)	0:01:08	0:22:09	(62)	1:27:46
117	289	2	huw	jones	Male	45-49		0:17:00	(92)	0:01:26	0:41:01	(90)	0:01:41	0:26:42	(168)	1:27:50
118	323	1	David	Niblock	Male	30-34		0:15:09	(37)	0:01:15	0:42:54	(122)	0:00:59	0:27:52	(197)	1:28:09
119	136	1	Barry	Heasman	Male	30-34		0:15:31	(43)	0:01:56	0:42:13	(108)	0:01:20	0:27:10	(183)	1:28:10
120	17	2	mary	halpin	Female	25-29		0:16:48	(88)	0:01:15	0:44:22	(143)	0:01:33	0:24:22	(111)	1:28:20
121	172	1	Paul	Cleary	Male	35-39		0:18:48	(159)	0:03:25	0:42:26	(115)	0:00:55	0:22:48	(78)	1:28:23
122	238	2	Lisa	Bishop	Female	40-44	Wicklow Tr	0:15:29	(43)	0:01:16	0:44:57	(161)	0:01:06	0:25:46	(143)	1:28:33
123	87	1	Brendan	Mc Hugh	Male	30-34		0:18:01	(126)	0:02:34	0:43:05	(126)	0:00:53	0:24:16	(106)	1:28:49
124	159	1	Daniel	Coholan	Male	35-39	Sandycove	0:12:56	(10)	0:01:49	0:46:03	(178)	0:01:08	0:26:53	(174)	1:28:50
125	189	1	Brian	Murphy	Male	35-39		0:17:03	(93)	0:02:34	0:43:34	(135)	0:00:53	0:25:09	(127)	1:29:14
126	116	2	Mary	O'Neill	Female	30-34	Cork	0:18:20	(139)	0:00:59	0:43:25	(133)	0:01:00	0:25:31	(137)	1:29:15
127	122	1	John	Madden	Male	30-34		0:19:02	(163)	0:01:19	0:43:08	(127)	0:01:05	0:24:56	(124)	1:29:31
128	134	2	eleanor	carey	Female	30-34	Cork	0:18:47	(157)	0:01:29	0:42:23	(112)	0:01:09	0:25:47	(146)	1:29:35
129	216	2	Ultan	O'Callaghar	Male	35-39	Kinsale	0:18:19	(138)	0:01:57	0:42:45	(120)	0:00:52	0:25:52	(148)	1:29:45
130	273	2	Brian	O'Hallorarr	Male	40-44		0:16:39	(80)	0:01:36	0:46:39	(186)	0:00:56	0:24:03	(100)	1:29:54
131	205	1	cyril	walsh	Male	35-39		0:16:34	(75)	0:01:25	0:45:10	(164)	0:01:37	0:25:18	(131)	1:30:04
132	246	2	raymond	huxley	Male	40-44	Irish Tri Clu	0:19:29	(180)	0:01:24	0:40:44	(87)	0:01:12	0:27:21	(189)	1:30:10
133	322	2	Steve	Evans	Male	60-64		0:19:05	(165)	0:02:15	0:41:26	(98)	0:01:35	0:25:51	(147)	1:30:12
134	239	2	Frank	Hill	Male	40-44		0:21:46	(212)	0:01:27	0:42:56	(123)	0:01:13	0:22:57	(83)	1:30:18
135	150	1	mike	halpin	Male	35-39		0:17:40	(114)	0:01:33	0:42:15	(110)	0:01:01	0:27:52	(196)	1:30:21
136	279	2	Vincent	Sheridan	Male	40-44		0:19:27	(179)	0:02:54	0:43:15	(130)	0:01:26	0:23:26	(92)	1:30:28
137	268	2	frank	van der Vir	Male	40-44		0:18:22	(141)	0:01:18	0:43:12	(128)	0:01:03	0:26:38	(167)	1:30:33
138	14	1	Finnian	O'Callagha	Male	20-24	Mersey Tri	0:17:09	(94)	0:02:12	0:44:02	(139)	0:00:56	0:26:14	(156)	1:30:33
139	9	1	Robert	Downey	Male	30-34		0:20:00	(187)	0:02:34	0:41:28	(100)	0:01:57	0:24:35	(114)	1:30:34
140	257	2	Brendan	Courtney	Male	40-44		0:18:21	(140)	0:01:50	0:44:33	(151)	0:01:15	0:24:41	(117)	1:30:41
141	276	2	Judy	Dwyer	Female	40-44		0:19:10	(166)	0:01:36	0:44:24	(147)	0:00:45	0:24:49	(120)	1:30:45
142	180	1	Darren	Casey	Male	35-39		0:19:26	(178)	0:01:14	0:42:41	(119)	0:00:56	0:26:31	(164)	1:30:48
143	251	2	Michael	Brennan	Male	40-44		0:20:22	(194)	0:02:31	0:44:21	(142)	0:00:46	0:22:53	(81)	1:30:53
144	197	1	Ralph	Coakley	Male	35-39	None	0:17:33	(112)	0:03:15	0:41:10	(94)	0:02:10	0:27:06	(179)	1:31:14
145	211	1	Julian	Seymour	Male	35-39		0:17:59	(125)	0:02:06	0:43:56	(138)	0:01:32	0:26:03	(155)	1:31:36
146	290	2	tony	o brien	Male	45-49		0:17:22	(102)	0:02:05	0:44:47	(156)	0:01:47	0:25:47	(145)	1:31:49
147	52	2	Karen	Stokes	Female	25-29		0:17:58	(124)	0:01:47	0:45:47	(175)	0:01:28	0:24:53	(122)	1:31:54
148	18	1	Ronan	Kane	Male	25-29		0:17:21	(100)	0:01:57	0:44:50	(159)	0:01:35	0:26:19	(159)	1:32:01
149	31	2	Eibhlin	Cleary	Female	25-29		0:18:23	(144)	0:02:18	0:45:35	(171)	0:01:31	0:24:24	(113)	1:32:12
150	24	2	Deirdre	Keohane	Female	25-29	N/A	0:17:57	(123)	0:01:26	0:45:30	(170)	0:01:42	0:25:44	(142)	1:32:20
151	280	2	Siobhan	Devlin	Female	40-44		0:20:20	(193)	0:02:04	0:42:50	(121)	0:00:54	0:26:18	(158)	1:32:26
152	174	1	Neil	Alcock	Male	35-39	Cork Tri Cl	0:18:51	(161)	0:02:04	0:42:34	(118)	0:01:39	0:27:18	(187)	1:32:27
153	133	2	Carol	Hodgins	Female	30-34		0:18:09	(129)	0:02:02	0:44:29	(150)	0:01:20	0:26:26	(163)	1:32:27
154	248	2	Kieran	Fitzgerald	Male	40-44		0:20:29	(197)	0:02:06	0:41:50	(105)	0:00:56	0:27:12	(184)	1:32:34
155	249	2	Frank	Walsh	Male	40-44		0:16:44	(84)	0:01:11	0:46:28	(183)	0:01:31	0:26:49	(172)	1:32:42
156	72	1	Barry	Clifford	Male	30-34		0:20:08	(189)	0:01:56	0:44:23	(144)	0:01:05	0:25:18	(132)	1:32:50
157	42	2	aisling	finn	Female	25-29	cork tri clu	0:16:17	(68)	0:02:54	0:45:17	(165)	0:00:48	0:27:58	(199)	1:33:13
158	200	1	Marc	Guerin	Male	35-39		0:15:07	(32)	0:01:02	0:45:01	(162)	0:01:21	0:30:42	(227)	1:33:14
159	198	1	Eamonn	O'Connell	Male	35-39		0:16:06	(63)	0:01:01	0:44:48	(158)	0:00:51	0:30:28	(225)	1:33:14
160	255	2	David	Kennedy	Male	40-44		0:19:18	(171)	0:02:03	0:44:56	(160)	0:01:49	0:25:27	(136)	1:33:34
161	181	1	David	Whelan	Male	35-39	Schull	0:20:40	(199)	0:01:27	0:43:22	(131)	0:01:17	0:26:47	(170)	1:33:34
162	206	1	stuart	ramke	Male	35-39		0:15:44	(53)	0:02:08	0:47:05	(190)	0:00:57	0:27:50	(195)	1:33:44
163	227	1	John	O'Donovan	Male	35-39	None	0:19:19	(172)	0:03:25	0:45:18	(166)	0:01:31	0:24:18	(109)	1:33:50
164	75	2	claire	buckley	Female	30-34	CTC	0:19:24	(174)	0:02:04	0:45:08	(163)	0:01:56	0:25:21	(134)	1:33:51
165	124	1	Ger	Guina	Male	30-34		0:22:33	(224)	0:03:43	0:49:30	(206)	0:00:42	0:17:40	(1)	1:34:09
166	221	1	Peter	Kinirons	Male	35-39		0:20:18	(191)	0:02:47	0:43:24	(132)	0:01:45	0:25:58	(153)	1:34:11
167	254	2														

Place	Bib	Wave	Name	Surname	Sex	AG	Club	Swim	Rank	T1	Cycle	Rank	T2	Run	Rank	Total
177	26	1	Robert	Lynch	Male	25-29		0:22:20	(220)	0:02:49	0:46:48	(187)	0:00:48	0:22:40	(73)	1:35:25
178	244	2	Sharon	Hutchinsor	Female	40-44		0:18:24	(145)	0:01:13	0:44:41	(154)	0:01:12	0:30:10	(223)	1:35:39
179	210	1	Brian	Sammon	Male	30-34		0:18:10	(132)	0:03:00	0:45:23	(167)	0:00:57	0:28:19	(206)	1:35:48
180	220	2	mary	o brien	Female	35-39		0:22:56	(227)	0:02:26	0:44:42	(155)	0:02:13	0:23:46	(96)	1:36:03
181	209	2	Marie	O Keeffe	Female	35-39	cork tri clu	0:21:33	(211)	0:02:28	0:44:24	(146)	0:01:16	0:26:42	(169)	1:36:24
182	250	2	Jackie	Ruttledge	Female	45-49	Tralee Tri C	0:20:16	(190)	0:01:37	0:46:31	(184)	0:01:12	0:26:48	(171)	1:36:25
183	201	2	sheila	roche	Female	35-39	none	0:17:41	(115)	0:01:38	0:47:29	(192)	0:01:03	0:28:54	(211)	1:36:45
184	135	2	Abigail	Walsh	Female	30-34		0:19:13	(169)	0:02:17	0:46:25	(181)	0:02:01	0:26:57	(177)	1:36:52
185	241	2	Gillian	Keating	Female	40-44		0:19:03	(164)	0:02:36	0:45:35	(172)	0:01:38	0:28:31	(208)	1:37:23
186	34	2	Roselyn	Carroll	Female	25-29		0:18:57	(162)	0:02:04	0:46:19	(179)	0:01:29	0:28:47	(210)	1:37:36
187	214	1	Mark	Barrett	Male	35-39		0:22:07	(216)	0:01:53	0:45:53	(177)	0:00:40	0:27:07	(180)	1:37:39
188	183	1	Jim	O Connell	Male	35-39		0:19:42	(181)	0:02:06	0:44:12	(141)	0:01:38	0:30:28	(226)	1:38:07
189	105	1	Gerald	O' Hallorar	Male	30-34		0:26:28	(235)	0:01:01	0:41:44	(103)	0:01:05	0:28:13	(203)	1:38:31
190	113	2	Veronica	Kenneally	Female	35-39		0:16:16	(67)	0:02:55	0:47:58	(196)	0:01:46	0:29:48	(220)	1:38:43
191	218	2	John	Kelly	Male	40-44	CTC	0:21:11	(207)	0:02:45	0:44:27	(148)	0:02:54	0:27:34	(193)	1:38:51
192	170	1	James	O' Driscoll	Male	35-39		0:20:25	(196)	0:04:18	0:46:26	(182)	0:01:09	0:26:34	(166)	1:38:52
193	30	2	Brid	Norris	Female	25-29		0:20:20	(192)	0:01:26	0:48:49	(202)	0:01:42	0:27:42	(194)	1:39:59
194	6	1	FRANK	NYHAN	Male	20-24		0:21:47	(213)	0:06:14	0:48:23	(200)	0:00:54	0:22:44	(75)	1:40:02
195	297	2	Kevin	FitzPatrick	Male	45-49		0:19:25	(176)	0:04:02	0:46:51	(188)	0:02:07	0:27:53	(198)	1:40:18
196	27	2	Orla	Coote	Female	25-29		0:20:51	(202)	0:02:34	0:50:17	(212)	0:00:49	0:25:53	(149)	1:40:24
197	233	2	Ronan	Cusack	Male	40-44	Wicklow Tr	0:18:25	(146)	0:01:50	0:49:55	(211)	0:01:26	0:29:00	(212)	1:40:36
198	158	1	gary	doherty	Male	35-39		0:18:50	(160)	0:05:18	0:51:19	(216)	0:00:56	0:24:16	(107)	1:40:38
199	182	1	victor	quinlan	Male	35-39		0:27:01	(237)	0:03:20	0:45:36	(173)	0:01:12	0:23:33	(94)	1:40:41
200	267	1	Kelly	john	Male	35-39	Piranha Tri	0:18:11	(133)	0:02:16	0:46:23	(180)	0:01:29	0:32:48	(233)	1:41:07
201	138	1	Robert	O' Sullivan	Male	30-34		0:24:12	(231)	0:02:25	0:45:39	(174)	0:01:26	0:27:28	(190)	1:41:10
202	109	2	Oonagh	Horgan	Female	30-34		0:20:23	(195)	0:01:43	0:50:27	(213)	0:01:18	0:28:02	(202)	1:41:53
203	83	2	jean	roberts	Female	30-34	none	0:18:42	(153)	0:03:19	0:48:18	(198)	0:01:33	0:30:06	(222)	1:41:58
204	104	2	Sara	Carpendale	Female	30-34	n/a	0:19:26	(177)	0:02:16	0:51:49	(218)	0:01:15	0:27:14	(185)	1:41:58
205	282	2	helena	kiely	Female	40-44		0:18:17	(136)	0:02:39	0:52:30	(219)	0:01:18	0:28:13	(204)	1:42:58
206	22	1	John	Ronayne	Male	25-29		0:22:02	(215)	0:03:28	0:49:49	(209)	0:01:08	0:26:51	(173)	1:43:17
207	45	2	Sorcha	Moylan	Female	25-29		0:16:32	(74)	0:03:17	0:53:31	(224)	0:01:23	0:28:42	(209)	1:43:24
208	129	2	alex	goggin	Female	30-34	ally g's fitn	0:19:12	(168)	0:01:30	0:54:00	(227)	0:01:39	0:27:09	(182)	1:43:30
209	115	2	Elise	Alexander	Female	30-34		0:22:11	(217)	0:02:24	0:49:06	(204)	0:01:30	0:29:19	(215)	1:44:30
210	101	2	Maeve	Carney	Female	30-34	n/a	0:22:41	(225)	0:04:17	0:49:07	(205)	0:00:59	0:27:29	(192)	1:44:33
211	94	1	Cormac	LOUGHREY	Male	30-34		0:21:54	(214)	0:03:06	0:48:21	(199)	0:01:02	0:30:15	(224)	1:44:38
212	120	2	Eimear	Cradock	Female	30-34	Cork Tri Clt	0:23:09	(229)	0:02:50	0:46:35	(185)	0:01:22	0:30:55	(229)	1:44:52
213	285	2	Donal	Cronin	Male	45-49	Valentia	0:22:21	(221)	0:02:42	0:49:01	(203)	0:01:35	0:29:26	(216)	1:45:05
214	278	2	Colin	Mc Ilrath	Male	40-44	Craughwel	0:21:27	(209)	0:03:15	0:51:12	(215)	0:01:13	0:28:00	(201)	1:45:06
215	299	2	matty	angland	Male	50-54		0:29:50	(244)	0:02:25	0:47:37	(193)	0:01:26	0:25:19	(133)	1:46:37
216	271	2	Brian	O' Brien	Male	40-44		0:24:03	(230)	0:04:37	0:53:01	(221)	0:01:01	0:24:06	(102)	1:46:47
217	258	2	Ciara	Condon	Female	40-44	Kinsale	0:22:23	(222)	0:02:00	0:49:37	(207)	0:01:14	0:31:45	(230)	1:46:58
218	296	2	eddie	nicholson	Male	50-54		0:16:42	(82)	0:01:47	1:01:30	(238)	0:01:22	0:25:40	(139)	1:47:01
219	67	2	Nora Aine	Ni Nuallain	Female	30-34		0:25:37	(234)	0:01:56	0:48:15	(197)	0:01:29	0:29:48	(221)	1:47:06
220	287	2	Kieran	OSullivan	Male	45-49	Cork Triath	0:22:52	(226)	0:01:32	0:47:14	(191)	0:01:15	0:34:18	(238)	1:47:11
221	10	1	john	o leary	Male	20-24		0:25:07	(233)	0:06:18	0:49:40	(208)	0:00:55	0:25:46	(144)	1:47:46
222	93	2	Claire	Mc Carthy	Female	30-34	Cork Tri Clt	0:22:31	(223)	0:02:17	0:55:00	(229)	0:00:56	0:28:00	(200)	1:48:43
223	132	2	Hilary	Mc Keown	Female	30-34	Pulse	0:19:45	(182)							1:48:57
224	203	2	Carol	O Callagha	Female	35-39	Kinsale	0:27:17	(238)	0:02:21	0:50:52	(214)	0:01:09	0:27:28	(191)	1:49:08
225	12	2	Karen	Mc Carthy	Female	20-24		0:17:42	(116)	0:03:42	0:58:40	(236)	0:00:41	0:28:27	(207)	1:49:12
226	4	1	Stephen	Wallace	Male	Junior		0:20:52	(203)	0:06:19	0:53:02	(222)	0:01:11	0:29:13	(214)	1:50:37
227	96	1	kate	Hennessy	Male	30-34	Cork tri clu	0:28:40	(239)	0:01:28	0:51:39	(217)	0:01:43	0:27:08	(181)	1:50:38
228	126	1	brian	donovan	Male	30-34		0:18:40	(151)	0:02:49	0:53:56	(226)	0:01:48	0:34:02	(237)	1:51:15
229	99	2	Jill	Forde	Female	30-34		0:20:47	(201)	0:02:26	0:53:28	(223)	0:01:54	0:32:45	(232)	1:51:20
230	46	1	William	Murphy	Male	25-29		0:21:09	(205)	0:04:08	0:57:11	(233)	0:01:55	0:27:19	(188)	1:51:42
231	217	2	Yvonne	Brophy	Female	35-39		0:22:17	(218)	0:02:58	0:52:42	(220)	0:01:59	0:32:15	(231)	1:52:11
232	76	2	Caroline	Holland	Female	30-34		0:19:17	(170)	0:02:35	0:56:20	(232)	0:01:05	0:33:17	(234)	1:52:34
233	208	1	Oghor	lkpasa	Male	35-39		0:22:18	(219)	0:02:33	0:54:52	(228)	0:00:52	0:33:40	(236)	1:54:17
234	164	1	desmond	crowley	Male	35-39		0:29:40	(243)	0:02:45	0:55:04	(230)	0:00:42	0:27:04	(178)	1:55:16
235	57	1	John	Baggott	Male	30-34		0:19:11	(167)	0:03:50	0:58:35	(234)	0:05:03	0:29:38	(217)	1:56:17
236	38	2	heather	O' Brien	Female	25-29		0:26:59	(236)	0:02:38	0:55:46	(231)	0:01:13	0:29:45	(219)	1:56:20
237	40	2	Lorna	Daunt	Female	25-29	None	0:29:21	(241)	0:02:02	0:53:31	(225)	0:00:58	0:30:42	(228)	1:56:34
238	130	2	Aileen	O Regan	Female	30-34		0:23:03	(228)	0:03:43	0:58:35	(235)	0:01:02	0:33:31	(235)	1:59:54
239	58	2	Amy	Clifford	Female	30-34	Cork	0:24:33	(232)	0:02:35	1:03:06	(239)	0:01:10	0:37:00	(240)	2:08:24
240	192	1	Ciaran	O' Sullivan	Male	35-39		0:28:58	(240)	0:02:24	1:10:49	(240)	0:00:43	0:25:42	(140)	2:08:36
241	162	2	mary	hinch	Female	35-39	Pulse	0:29:34	(242)	0:02:25	0:59:02	(237)	0:01:11	0:36:28	(239)	2:08:40
	147	2	Elizabeth	Burke	Female	35-39	T3	0:15:46	(57)							DNF
	16	1	Cian	Murphy	Male	25-29	Limerick Tr	0:15:03	(30)	0:00:52						DNF
	148	2	Selene	Kinahan	Female	35-39	CTC	0:17:16	(97)							DNF