

Talent Identification Day



**Venue: Shoreline Leisure Centre
Greystones, Co. Wicklow**

Date: Sat, 15th May 2010

Time: 11.30am registration



**Triathlon Ireland are looking for athletes interested
in trying out for our Regional & National Talent Programme**

- Are you 11-21 years old?
- Do you want to try out for one of the fastest growing Olympic sports in Ireland?
- Do you have experience of competitive swimming?



The day will consist of:

- **Presentation on the Sport and what is involved in Triathlon training at this level.**
- **A run time trial**
 - 1,500m for under 16 years
 - 3,000m for over 16 years
- **A swim time trial**
 - 200m for under 16 year
 - 400m for over 16 years

Athletes that meet the specified standards will be invited to join our Regional Talent Programme.

**If you would like to find out more about the required standards then please register your interest on our survey:
<http://www.surveymonkey.com/s/WW6THXG>**

The Triathlon Ireland Talent Identification Programme is carried out in partnership with:

