



### Men's Tops

	<b>XS</b>	<b>S</b>	<b>M</b>	<b>L</b>	<b>XL</b>	<b>XXL</b>	<b>XXXL</b>
<b>Chest (inches)</b>	36	38	40	42	44	46	48

### Men's Bottoms and Tri-Suits

	<b>XS</b>	<b>S</b>	<b>M</b>	<b>L</b>	<b>XL</b>	<b>XXL</b>	<b>XXXL</b>
<b>Waist (inches)</b>	28	30	32	34	36	38	40

### Women's Tops

	<b>XS</b>	<b>S</b>	<b>M</b>	<b>L</b>	<b>XL</b>	<b>XXL</b>
<b>Chest (inches)</b>	30	32	34	36-38	40	42

### Women's Bottoms and Tri-Suits

	<b>XS</b>	<b>S</b>	<b>M</b>	<b>L</b>	<b>XL</b>	<b>XXL</b>
<b>Waist (inches)</b>	25	26	27-28	29-30	33	35

**N.B The sizing on technical clothing sometimes comes up on the small side,  
so please err on the side of caution and order one size up if you are between sizes.**